

## HOME-MADE PLAYDOUGH

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I remember my mum used to make playdough for me when I was a kid - I LOVED it! When I was old enough I started making the dough myself, and made Christmas and Easter decorations out of it! I remember that I preferred to make plain playdough, without colouring, and paint and lacquer the pieces when it was thoroughly dry. For our Simple Living theme week I decided to try to make playdough with my kids and it was an instant success! I can't believe I didn't think of this before - it's made in less than 5 minutes from cheap ingredients that are always in the cupboard, it's completely natural and earth-friendly, and what child doesn't like to have their hands in the dough?

Here's how to make the dough (my way):

- 2 cups of plain flour
- 3/4 cup of salt
- 3/4 cup of water
- 1 tablespoon of vegetable oil

Knead well, add more water if too dry and more flour if too wet. To glue one piece of dough to another it's best to use a little bit of water. Dry for a couple of days at room temperature to paint and lacquer or keep in a plastic bag for future use... (Just add a bit of water when it gets too dry). Have fun!!

xxx Esther

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