



BRING YOUR OWN BAGS

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In the Netherlands, it's quite normal to reuse your shopping bags. Plastic bags are available at the supermarkets, but you have to pay for them and they're not even that cheap! For as long as I can remember, I have brought my own bags to the supermarkets, and even as a little girl I recall my grandma and mum bringing their big canvas shopping bags on their weekly trips to the supermarket.

Imagine my surprise when I first went to the States as a teenager, and there were people at the end of the conveyor belt packing our groceries in an endless stream of plastic bags! Not only didn't we have to bring our own canvas bags, we also were spared the trouble of packing everything! Such luxury, I thought!

Looking back, now that our world is overflowing with plastic bags, our Dutch system of bring-your-own-bags isn't too bad. Although I wouldn't mind the help at the end of the conveyor belt, especially now that those cashiers or so SUPER fast - I can't keep up with them, it's seriously stressful!!

I while ago I blogged about [ZPM's Trolley Dolly](#), and I'm still religiously bringing my Trolley Dolly to the supermarket every week. It's SO handy! The fifteen-or-so bags are great: big, sturdy and colour coded might you want to go that far (I'm too stressed about the race-packing everything to even consider colour-coding).

ZPM now also has a baby version, the [Bagz](#), with 3 or 5 bags in a pouch. As they state - there's no excuse anymore to be caught without a bag!

xxx Esther

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