



## MY NEIGHOUR TOTORO

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I think that film addiction must be genetic - my kids love movies as much as I do. We have started a tradition of Friday Family Film Night - to celebrate the end of the week - complete with popcorn and a glass of juice.

Now the challenge is finding movies that a 2-year-old and a 30-something-year-old will both enjoy. The greatest success we have had was the Japanese Kids Animated Classic [My Neighbour Totoro](#), a lovely story of two sisters who move to an old country house with their dad while their mum is in hospital. In the countryside the girls encounter friendly spirits, namely the Totoros, the Keeper of the Forests. 'My Neighbour Totoro' was directed by Hayao Miyazaki and won him international acclaim all over the world.

The animation and designs are stunning and the Totoro character is just enchanting. I could definitely watch this movie again and again. And if I can, you can bet that my kids can too! They are addicted!

I would love to hear if you have any other suggestions for great family movies. Happy Friday!

- Emilie

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