



BANANA MUFFIN

- 3 or 4 ripe bananas, smashed
- 1/3 (80ml) cup melted butter or oil
- 3/4 cup (150g) sugar
- 1 egg, beaten
- 1 teaspoon vanilla
- 1 heaped teaspoon baking powder
- Pinch of salt
- 1 1/2 (200g) cup of flour

No need for a mixer for this recipe. Preheat the oven to 180 degrees . With a wooden spoon, mix butter into the mashed bananas in a large mixing bowl. Mix in the sugar, egg, and vanilla. Sprinkle the baking powder and salt over the mixture and mix in. Add the flour last, mix. Pour mixture into a buttered muffin pan. Bake until brown. Cool on a rack. Remove from pan.

