



STITCH 'N KIDS: THE KNITTING FORK

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After joining a little craft group a few months ago, I've been making more time for sewing, knitting and crocheting. My 6-year-old daughter Sara is entranced by the idea - she loves nothing more than sitting next to me when I'm creating and always asks me when she'll be old enough to join my craft group. She actually already does some easy sewing herself (last year we gave her a sewing machine for Christmas), and I recently taught her how to knit (and I was surprised that she was able to do it)! I thought it would be fun to share some fun sewing/knitting/crocheting ideas with you that are easy enough for children to enjoy. The first idea is the [Lucet](#). Have you ever heard of it? It's a very traditional and really simple wooden utensil that has been used since the Viking times to 'knit' cords. The process is easy enough for children about 5 years and older, and Sara loves doing it. She already made a beautiful long cord - and is of course very proud! Now we have to come up with a fun project to use the cord... Any ideas?

xxx Esther

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