



EGG HEADS

MARCH 25, 2010



Last Easter we decided to make some Egg Heads with the mustard & cress seeds we got in our lunchbox from [Kew Gardens](#). Now I'm not in any way saying this was an innovative idea - most of you probably grew some of these little men/women yourself as children. But for some reason my childhood missed this particular activity... something I now plan to take up with my Mum and Dad as it is a reaaallllly cool thing to do!

I am not the slightest bit green-fingered and manage to kill all plants/greenery in my care (even cacti have a hard time living in our house and my husband doesn't understand why I still buy herbs in pots as they always die within days), but mustard and cress are stubborn little plants and grow despite a lack of due care and attention. And they grow very quickly so you see results on a daily basis - appealing to my impatient nature.

So if you never made egg-creatures as a child then I urge you to take this eggcellent (terrible - I know!) holiday as an opportunity to redeem your deprived childhood just as I did. Your kids will love it too! Here's how to make them:



-Crack an opening at the top of the egg and get rid of the contents (cake? omlette? - Mmmmm!).

-Now wash out and paint or decorate as you like - we just went for old faithful googly eyes.

-Now it gets a bit (a very little bit) tricky: Fill with as much cotton wool as you can (up to about ½ cm from the top), being careful not to break the shell. Then dribble water in to soak the cotton-wool. Then sprinkle your seeds on top. That's it!

-Every couple of days or so you can dribble some more water in so they stay moist. And they go like the first picture after a couple of days but like this after a week or so!

p.s. These egg-cups are loved by me and hated by my husband. But I grew up with them and found it so special when I was allowed a boiled egg in them. My Mum gave them to me when I left home (making up for her lack of egg-head making I think). They are 1970's Carltonware and you can still buy them on [ebay](#).

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